

The Six Ts Holding Checklist

You should run the Six Ts almost continuously when entering and while in a hold.

Not every T will apply at every point in the hold - some will and some won't. The point is to not forget anything!

- Turn
 - At the fix or outbound end, or in the teardrop
- Time
 - Only the legs are timed, not the turns
- Twist
 - Twist the OBS to the reciprocal of the radial you are tracking inbound - or as necessary to prevent reverse sensing
- Throttle
 - Should already be set to 90 kt (~2200 rpm)
- Talk
 - Tell the controller you are entering the hold when over the fix
- Track
 - Track the inbound course, correcting for wind

- Don't just say the T's, do them as needed!!